

Annual Report

2023

OUR FUTURE IS NOW

GENDER EQUALITY

SOCIAL INCLUSION

EMPOWERMENT



TABLE OF CONTENTS

Summary of the Year	2
Who We Are	3
Our Approach	4
At a Glance	6
New Faces	7
Classroom Activities	8
Outdoor Activities	12
Collaborations	19
Capacity Building	23
Gratitutde	25
Future and Conclusions	26

Summary of the Year



It's wild to think that PlayOnside has been bringing education and sports to the Thai-Myanmar border for 10 years now!

This year, we hit our 10th anniversary, marking a huge milestone in our journey. We took a trip down memory lane, remembering when PlayOnside started with just 12 boys and weekend football sessions led by our founders, Daen and Javier. Today, and we have over 1,000 participants across 10 different programs, all tailored to fit the needs in a changing context of our community.

The path to this point has been amazing but full of challenges. This anniversary is not just about celebrating how far we've come, but also about acknowledging the learning and growth along the way and to say thank you to all the participants, organisations and stakeholders that have been there, supporting our projects, believing and trusting in the power of football and education to make a better present and a brighter future.

On our side, we keep the promise to try our best, putting all the energy we have and the efforts to make it happen.

From everyone at PlayOnside,
OUR FUTURE IS NOW

Who We Are



OUR OBJECTIVES

PlayOnside believe that sport and play-based learning has a tremendous potential to promote social change. We work through a long term, sustainable and flexible approach, adjusted to the needs of the migrant community displaced in Thailand. The following objectives are the pillars of every project, event or activity.

GENDER EQUALITY



PlayOnside challenges gender-based stereotypes and prejudice on and off the pitch, promoting equality in our communities.

EMPOWERMENT



PlayOnside brings migrant communities together, working to build respect and friendship across the communities regardless of sex, gender, religion or background.

SOCIAL INCLUSION



PlayOnside builds capacity internally and externally, and equips the members of the community with personal and professional skills to boost their potential

Our Approach



PLAY = EDUCATION

PlayOnside's signature is education through play. Currently, the different activities are categorized by outdoor and classrooms, both using a methodology based on dynamic activities to promote physical and mental well being. We also promote autonomy, critical thinking and decision making to equip participants with tools that can help them to improve their circumstance, and create a better future for themselves and their communities.



OUTDOOR ACTIVITIES

1,000 H



CLASSROOM ACTIVITIES

500 H



TOTAL HOURS

1,500 H₄

OUR FUTURE IS NOW

Methodology



CLASSROOM ACTIVITIES

Our student-centered approach focuses on play-based activities that develop social and comprehension skills while fostering critical thinking. By creating an interactive learning environment, we aim to prepare the students for success in both academic and personal endeavors.



OUTDOOR ACTIVITIES

Sports and play-based activities are both PlayOnside's signature, enhancing psychosocial well-being and developing essential soft skills among the participants. Through these activities, PlayOnside also fosters a strong feeling of belonging, supporting the students to overcome their daily challenges.



COLLABORATIVES

PlayOnside believes that working together with local communities and organisations as well as international entities is the key of success to create greater impact in our projects.



At a Glance

MORE PARTICIPANTS MORE WOMEN

PlayOnside has seen a significant rise in participation, especially among women. This growth highlights our commitment to inclusivity and diversity in sports. By welcoming more women into our programs, we foster a supportive environment where everyone feels valued and has equal opportunities.

1,200



Number of participants

45%



Female participation



MORE PROJECTS MORE JOB OPPORTUNITIES

PlayOnside has greatly expanded, launching new projects to boost community engagement and sports development. We've also added passionate staff who share our vision. This growth helps us better serve the diverse needs of the migrant community in Mae Sot, Thailand, with high-quality sports programs.

19



Number of staff members

10



Number of projects

The New Faces

CHAN MYAE

Coach/Trainer

Well known for his amazing sense of humor, Chan Myae is responsible to deliver football training sessions and lead his teams during the tournaments. His unique style brings inspiration among the rest of the staff.



MYAT MO KHAING

Coach/Trainer

From player to become a coach, she is the great example of perseverance and a role model where other girls look up to. Her kindness and hard work truly makes an impact not only on the teams she coaches but other teachers.



SO KO KO

Coach/Trainer

A truly multi-tasking person, he supports PlayOnside in many areas of the organisation. His impressive professional background and maturity becomes a great asset to grow and improve the quality of the organisation.



IN THE CLASSROOM



SEXUAL REPRODUCTIVE HEALTH & RIGHTS

“It is important to learn SRHR to protect ourselves and not make decisions that we will regret in the future”

EMOTIONAL RESILIENCE

“Some students have learned to embrace their feelings, others improved their self-confidence and self-esteem”



GREEN ISLAND

“As a parent this program helps my children have a safe space to learn, share and make new friends”

SRHR program

The Sexual and Reproductive Health (SRHR) project is aimed to increase the level of SRHR knowledge among migrant youths and communities and reduce social issues such as early marriage, pregnancies, and sexually transmitted diseases. The training is delivered in blocks of weekly sessions to women, adolescents and youth between 13-50 years old in the school and communities.



TOPICS

- > Hygiene and Period
- > STDs and STI'
- > Sex and Gender
- > Sexuality & Pregnancy

IN NUMBERS

- > Number of participants **+ 140**
- > Number of hours **70**
- > Number of communities **5**
- > Men & Women participation **35-65**

EMOTIONAL RESILIENCE

The Emotional Resilience Project is aimed to enable migrant students to explore their feeling and anxiety and to cope with their emotions in a healthy way. The training and outdoor activities are delivered weekly in the schools to migrant students who are between 8 and 18 years old.



TOPICS

- Identify your emotions
- Self-Esteem
- Social Skills
- Peer-Support

IN NUMBERS

- Number of participants **+ 100**
- Number of hours **90**
- Number of communities **5**
- Men & Women participation **40-60**

GREEN ISLAND

Green Island project is aimed to conduct weekly educational and sport activities for 4 to 21 - year-old children and youths. The activities reach in school and out of school children who live in the marginalized and isolated community of Green Island where living standards, education level and career opportunities are very low.



ACTIVITIES

- > Arts & Crafts
- > Movie Night
- > Football Training
- > Summer School

IN NUMBERS

- > Number of participants **+ 50**
- > Number of hours **120**
- > Men & Women participation **45-55**

OUTDOORS



WOMEN LEAD

“The training brings together women from different backgrounds, which I enjoy enormously: we all meet each other, discuss, have fun, laugh, and create bonds”

YOUTH TRAINING

If given the leader role: “I would be centered around empowering and supporting my team members to reach their full potential while working towards common goals”



FOOTBALL ON THE BORDER

“This program has given our students a safe space to express themselves, build friendships, and learn the value of hard work and perseverance”.



WOMEN LEAD

The project promotes gender equality among the migrant community living in the Mae Sot area through weekly football training to female players and their children or younger siblings. The training aims to reduce their stress, expand their network and promote healthy habits through sport.



ACTIVITIES

- Regular Training
- Women's Workshop
- Friendly Games
- Tournaments

IN NUMBERS

- Number of participants **+ 120**
- Number of hours **100**
- Men&Women participation **36-64**

YOUTH TRAINING

The project Youth Training provides football training to male youth between 13 and 25 years old, targeting in-school students and out-of-school participants every week. It aims to promote social inclusion, empowerment and healthy habits while reducing harmful practices.



ACTIVITIES

- > Regular Training
- > Youth Workshop
- > Friendly Games
- > Tournaments

IN NUMBERS

- > Number of participants **+ 95**
- > Number of hours **100**

FOOTBALL ON THE BORDER



COACHING TRAINING

“A coach is a leader, a teacher, a supporter. A coach has to be a role model”

REGULAR TRAINING

“The impact of this program goes beyond the pitch. Our students are more engaged in school, more confident in their abilities, and more hopeful about their futures.”



TOURNAMENTS

“Every weekend the children are prepared and excited to come play”

School Teacher

COACHING CAMP

The Football Coaching Camp is a fundamental role in creating opportunities to develop new leaders and role models among the migrant community. It consists of three-day trainings that brings 10 participants together to develop coaching skills and create a positive environment for football training. The camp incorporates coaching theory, session planning and self-evaluation.



OBJECTIVES

- Develop session plans
- Organize training
- Learn to teach core values
- Encourage and train player

IN NUMBERS

- Number of participants **30**
- Number of hours **50**
- Men & Women participation **80-20**

REGULAR TRAININGS

Regular Trainings brings after-school football activities to over 1000 children from 8 to 18 years attending 17 different migrant schools located in Mae Sot and Pho Phra area. Throughout the year, children, youth and school teachers learn about life skills and values through football.



OBJECTIVES

- > Life Skills
- > New Friendships
- > Football Skills
- > Physical and mental wellbeing

IN NUMBERS

- > Number of participants **+ 1500**
 - > Number of hours **+350**
 - > Number of communities **22**
 - > Men & Women participation **60-40**
- 17

TOURNAMENTS

Every year, PlayOnside organizes two tournaments - Mingalabar Mae Sot League and Rainy Season Tournament - hosting over 1000 children between 8 to 18 years old from different schools and communities of Mae Sot and Pho Phra area. The tournaments aim to promote social inclusion and create unity among the different migrant communities living in Mae Sot, promote gender equality and learn sport values.



OBJECTIVES

- > Opening Ceremony
- > Weekly Games
- > Life Skills Discussion
- > Closing ceremony

IN NUMBERS

- > Number of participants **+ 1500**
- > Number of hours **+200**
- > Number of communities **22**
- > Men & Women participation **60-40**

COLLABORATIVE PROJECTS



CHILD FRIENDLY SPACES

“This space is a great opportunity for youth in the communities to develop new professional skills”

WE CAN PLAY

“The activities help my children gain mobility in their legs and hands and increase their balance. It also helps me as a parent because its hard to find time to teach them these skills“



BORDER EMERGENCY FUND

“Getting support from this organization is really important for our people because we only had an idea to build a shelter but we did not have enough resources and funding to start“

CHILD FRIENDLY SPACES

Run by Help Without Frontiers, the Child Friendly Spaces project's aim is to provide more than 400 students in 12 community centers with activities that promote their critical thinking, psychosocial development, and creativity through play-based activities. Through this collaboration, PlayOnside developed a play-based curriculum, and provided teacher training and support to equip 12 community champions with the essential skills to facilitate the sessions.



ACTIVITIES

- > Curriculum Development
- > Teacher Training
- > Teacher Follow up
- > Weekly sessions

IN NUMBERS

- > Number of participants **+ 1000**
- > Number of hours **+4000**
- > Number of communities **14**
- > Men & Women participation **52-48**

WE CAN PLAY

We Can Play is a project designed to provide physical training and home-based learning opportunities three times a week to migrant children with disabilities who are over 5 years old. The project supports children with disabilities to improve their physical and mental well-being, while also sharing effective practices with migrant parents to better meet the needs of their disabled children.



ACTIVITIES

- > Home-based Learning
- > Physical Activities
- > Friendship Events

IN NUMBERS

- > Number of participants **20**
- > Number of hours **70**
- > Number of communities **3**
- > Men & Women participation **65-35**

BORDER EMERGENCY FUND (BEF)

The BEF project, in collaboration with several organizations operating on the border, contributed to a multi-sector emergency response to ensure that forcibly displaced population, multiple times since the 1st of February 2021, can access a safe space and essential services that provide them with a sense of relief.



ITEMS

- > Dry and Fresh Food
- > Water
- > Kitchen Supplies
- > Shelter Supplies

IN NUMBERS

- > Number of participants **+ 8.500**
- > Number of families **+2.300**
- > Number of children **+1.500**
- > Men & Women participation **50-50**

CAPACITY BUILDING

Capacity building is one of the PlayOnside's goals, to improve effectiveness, ensure sustainability, and enhance staff skills and knowledge.

GENDER EQUITY

Women Win - Equal Play Effect

PlayOnside was selected to participate in this 12-months training program that aims to promote the importance of women's leadership and program involvement. Two staffs, Laura and Hnin Hnin, had the unique experience of travelling to Indonesia for a 3-days face to face training.



ORGANIZATIONAL

Global Fund For Children

As part of the GFC network in Thailand we had the privilege to attend and receive different capacity building workshops over the year, focused on leading transformative changes in organizations and society where we have the chance to evaluate our structures and identify areas of improvements.



LEADERSHIP

Teacher Focus - Youth Champion

For over 6 months, one staff of PlayOnside was part of this program that aimed to enhance participants' skills in leadership, public speaking, research, and teamwork. We could see at the end of the program great improvements in areas such as research, budgeting and reporting.



CAPACITY BUILDING (II)

METHODOLOGIES

Spirit of Football

PlayOnside welcomed the organisation Spirit of Football and received a workshop on capacity building, covering sustainable development goals, sustainability practices, innovative methods, football fair play, theater games, and mutual learning, enhancing the understanding of sustainable social and community development



TRAINING OF TRAINERS

Mote Oo

PlayOnside staff completed an 8-day training by Mote Oo Education, covering innovative teaching methods, facilitation skills, and experiential learning. This training enhances teaching quality, student performance, and community development, reflecting PlayOnside's commitment to education and professional development.



INTERNAL CAPACITY

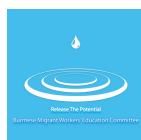
Finance training

To comply with the local systems, PlayOnside team received a training on finance and accounting by a local firm. It is essential to understand and follow the local procedures to ensure transparency and diligence facilitating the operations and control of the finance team



COLLABORATIONS

Without the trust of many individuals, organisations, foundations, companies and any other kind of support, it would be impossible for PlayOnside to develop its activities and reach its goals. For this reason PlayOnside wants to thank everyone for decide to be part if this project, believing in our work and to spend your time and resources to proactively make the change.



Our Future is Now

Despite the uncertainties regarding the evolution of the conflict inside Myanmar and the impact that it has on the border, PlayOnside is ready to adapt and adjust its program. The dynamism of the team members, the design of the projects, the recognition within the communities and the flexibility and understanding of our financial partners, allow us to be confident to play an important role in the education on the border. This affirmation is based on 3 main pillars.



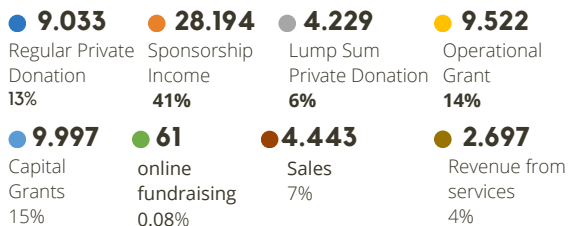
Collaborations at local and international levels create incredible synergies with other organizations, amplifying the impact of our diverse projects, especially within our local community. Over the years, PlayOnside's work has been widely recognized, giving us the responsibility to maintain our high standards and the opportunity to expand even further.

Project design is crucial in our dynamic environment. We never lose sight of the need to create adaptable projects that can respond swiftly to emerging needs, ensuring PlayOnside's ongoing success.

Our success in recent years is largely due to the strong, trustworthy relationships we've built with our financial partners. Their understanding of our challenges and their **flexible processes** have been instrumental in facilitating the growth and development of our work.

Financial Statements

INCOME STATEMENTS

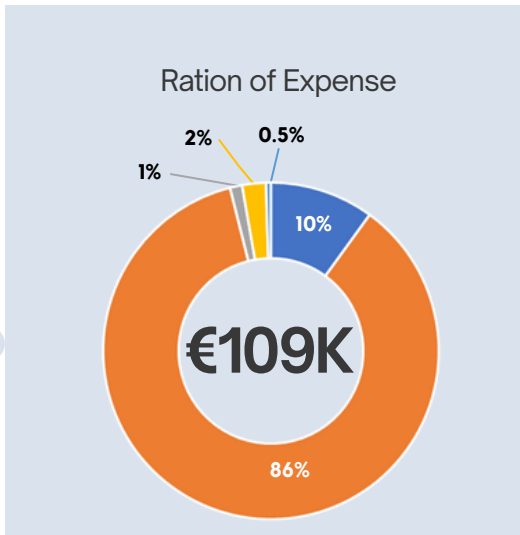


**2024
Income
Budget**

€127K

EXPENSES

● ADMINISTRATIVE COSTS	10.965
● PROJECT COST	94.245
● PROGRAM DEVELOPMENT	1.281
● SOCIAL BENEFITS	2.504
COMMUNITY SUPPORTS	520
TOTAL EXPENSE	€109.516



FINANCIAL RESULT

	2023 €	2023 Budget €
Net Interest Rate	2.464	2.602
Financial Cost	-1.054	-1.367
Exchange rates	-10.600	0
NET FINANCIAL RESULT	-9.189	1.235

**End of Year
2023
TOTAL EQUITY**

€108K